



Youth Mental Health Expo:

building hope and resiliency



Wednesday, September 8 - 6-8 pm |

FREE— dinner provided to the first 50 registered

Join Orange County agencies such as Find Your Anchor, Partners 4Wellness, LGBTQ Center OC, American Foundation For Suicide Prevention, Orange County Health Care Agency, Western Youth Services and others in this essential expo on mental health awareness and suicide prevention.



Keynote Speaker | Ali Borowsky

Ali is the Founder of Find Your Anchor (FYA), a grassroots, pay-it-forward organic movement. Aimed at suicide prevention and awareness, FYA offers hope, resources and inspiration to those thinking about or impacted by suicide. Anchor Boxes available and a “build your box” activity is planned for youth.

Norman P. Murray Center | 24932 Veterans Way (949) 470-3062

Register:

