

Adolescent Mental Health Panel

with a community screening of the documentary, *ANGST*.

Thursday, September 30th from 6:00 PM to 8:30 PM

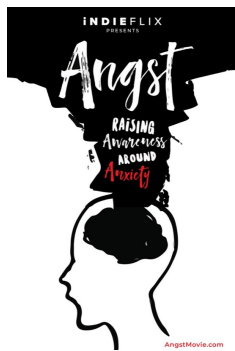
at The Aliso Viejo Ranch

100 Park Ave. Aliso Viejo CA

NO CHARGE To Attend

RSVP at FeedingAlisoViejo@gmail.com

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Angst is an iNDIEFLIX Original documentary designed to raise awareness around anxiety.

Join parents, teachers, mental health professions, and students in a community conversation around anxiety and other emotional/behavioral health concerns that our youth are facing as they emerge from the isolation of the pandemic and return to school and the social situations that have been missing for more that a year.

Panelists Include Representatives From:

ANHS PTSA • Aliso Ridge Behavioral Health • Laura's House • Wellness & Prevention Center
Capistrano Unified School District • South County Outreach. • CUSD Students and Parents

Moderator:

Ross Chun, Aliso Viejo Mayor Pro Tem, PTSA Member, CUSD Parent, Volunteer and Advocate

Event Sponsors and Participants:

ALISO VIEJO
Live Life Inspired



Laura's House
Ending the Silence of Domestic Violence

Aliso Niguel High
PTSA
everychild.onevoice.

Aliso Viejo Middle School
PTSA
everychild.onevoice.

Don Juan Avila Middle School
PTSA
everychild.onevoice.

South County Outreach



COVID Precautions:

CALIFORNIA DEPARTMENT OF PUBLIC HEALTH (CDPH) REQUIRES FACE COVERINGS FOR INDOORS FOR:

• ALL INDIVIDUALS IN A YOUTH SETTING • UNVACCINATED INDIVIDUALS • PARTIALLY VACCINATED INDIVIDUALS

***BY NOT WEARING A FACE COVERING, YOU ARE SELF-ATTESTING COMPLIANCE WITH REGULATIONS.**

COVID-19 HAS BEEN CHARACTERIZED AS A PANDEMIC BY THE WORLD HEALTH ORGANIZATION. USE CAUTION AND ENTER THIS SPACE AT YOUR OWN RISK. THE CITY OF ALISO VIEJO IS NOT LIABLE FOR THE DECISION TO ENTER THIS LOCATION.