

OC HEALTH CARE AGENCY (HCA) COVID-19 MESSAGES

UPDATED: **2/18/22**

COVID-19 Health News: Sign up for the newsletter by clicking [here](#).

HCA Press Releases: Sign up for media press releases by clicking [here](#).

TODAY'S KEY MESSAGES FOR SOCIAL MEDIA

1. CDC has updated guidance on COVID-19 booster shots & additional doses for people who are immunocompromised, including recommendations for people who received J&J vaccine & updated time intervals between doses. For more guidance: [ocovid19.ochealthinfo.com/sites/virus/files/2022-02/CV-19 Third and Booster Dose Flyer v15.pdf](https://ocovid19.ochealthinfo.com/sites/virus/files/2022-02/CV-19%20Third%20and%20Booster%20Dose%20Flyer%20v15.pdf)

BOOSTERS and ADDITIONAL DOSES

BOOSTER SHOT

Everyone age 12 years and older should get a COVID-19 booster shot. Over time, the immunity from your initial COVID-19 vaccine can decrease a little. The booster shot helps to "boost" your immune response to restore and enhance protection against COVID-19. Eligible individuals may choose the vaccine type that they originally received or choose a different booster. CDC's recommendations now allow for this type of mix and match dosing for booster shots; however, the Pfizer or Moderna vaccines are preferred in most situations.

Pfizer and Moderna

1st DOSE (Pfizer) 21 days or 28 days (Moderna) → 2nd DOSE → at least 5 months → BOOSTER*

COVID-19 vaccine booster shots are recommended for vaccine recipients who completed their initial series at least 3 months ago and who are at least 12 years or older. (Individuals ages 12-17 years should receive a Pfizer booster shot at least 3 months after completing their initial series.)

Johnson & Johnson (Janssen)

1st DOSE → at least 2 months → BOOSTER*

Individuals who received a Johnson & Johnson (Janssen) vaccine at least 2 months ago should receive a booster.

ADDITIONAL DOSE for immunocompromised

People who have medical conditions or severely compromised immune systems may not mount an adequate immune response to vaccines and therefore may not be protected after their primary series. Individuals age 5 years or older with moderately to severely compromised immune systems at the time of vaccination should get an additional dose of COVID-19 vaccine as part of their primary series, followed by a booster shot (for ages 12 years and older only) after the recommended time interval. Use of mRNA vaccines (Pfizer or Moderna) is preferred.

Pfizer and Moderna (4 total doses: 3-dose primary series, then booster)

1st DOSE (Pfizer) 21 days or 28 days (Moderna) → 2nd DOSE → at least 28 days → Additional DOSE** → at least 3 months (12+ only) → BOOSTER*

The same product should be used for all doses of the primary series.

Johnson & Johnson (Janssen) (3 total doses: 2-dose primary series, then booster)

1st DOSE → at least 28 days → Additional DOSE** → at least 2 months → BOOSTER*

* Any COVID-19 vaccine can be used for the booster dose in people ages 12 years and older. Though mRNA vaccines are preferred for people ages 12-17 years, only Pfizer can be used for ages 12-17 years.
** Individuals receive a booster dose if Moderna used for vaccine, shot 3-5 months after 2nd dose.
** Use Pfizer or Moderna if Moderna used for additional doses, shot 3-5 months after 2nd dose.

OC Health Care Agency

2. Join the OC Health Care Agency on 2/22 at 6 p.m. for "Your Health Matters OC", a new talk show featuring regular guests discussing various health topics that impact #OC. View the 1st show live on YouTube at <https://www.youtube.com/watch?v=NBjDiPjmh4>. Email questions in advance or during the show to yourhealthmatters@ochca.com.

Your Health Matters OC

Tuesday, February 22 | 6 p.m.

OC Health Care Agency

3. Effective 2/16, universal masking will only be required in certain settings. Unvaccinated persons will be required to continue masking in all indoor public settings, while fully vaccinated individuals are recommended to continue indoor masking. Learn more:

cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx



MESSAGES BY TOPIC

(Ctrl+Click any of the following to be taken directly to the topic)

- [Where to Get a Vaccine](#)
- [COVID-19 Testing](#)
- [Booster Doses vs. Third Doses for Immunocompromised](#)
- [COVID-19 Treatments & Therapeutics](#)
- [Complaints & Misinformation Related to COVID-19](#)
- [County Health Orders & Recommendations](#)
- [Isolation and Quarantine](#)
- [Masks](#)
- [Vaccine Information Resources](#)

WHERE TO GET A COVID-19 VACCINE

- Local pharmacies
- Healthcare providers
- Go to [Vaccines.gov](https://vaccines.gov), call **(800) 232-0233**, or text your zip code to **438829**
- Go to [MyTurn.ca.gov](https://myturn.ca.gov)
- Walk-in or schedule an appointment at one of the following County sites – visit [Othena.com](https://othena.com) or call **(714) 834-2000**:

MOBILE COVID-19 VACCINE CLINIC

Clínica De Vacunas COVID-19 | Chích Ngừa COVID-19 Lưu Động

PHOTO ID IS REQUIRED PATIENTS AGED 5+

Orange Coast College Ronnberg Center

2701 Fairview Rd.
Costa Mesa, CA 92626
Mondays | 8:30 a.m. - 4:30 p.m.
Thursdays | 12 p.m. - 8 p.m.
Saturdays | 9 a.m. - 5 p.m.

SSA Central Regional Office

2020 W. Walnut St.
Santa Ana, CA 92703
Monday - Friday | 10 a.m. - 6 p.m.

St. Anthony Claret Catholic Church

1450 E. La Palma Ave.
Anaheim, CA 92805
Tuesdays | 10 a.m. - 6 p.m.
Wednesdays | 8 a.m. - 3 p.m.
Fridays | 11 a.m. - 7 p.m.

Latino Health Access BLDG

450 W 4th St., Ste 210
Santa Ana, CA 92701
Mondays | 2:30 p.m. - 8 p.m.



Golden West College

15751 Gothard St.
Huntington Beach, CA 92647
Wednesdays | 3 p.m. - 6 p.m.
Saturdays | 9 a.m. - 1 p.m.

Coastline College

1515 Monrovia Ave.
Newport Beach, CA 92663
Tuesdays | 4 p.m. - 7 p.m.



To schedule an appointment, or arrange for transportation, call:
Para programar una cita, llame:
Nếu muốn lấy hẹn, xin gọi:

714.834.2000
or Visit www.Othena.com

PREPARATION FOR VACCINATION APPOINTMENTS AT COUNTY SITES:

- Bring official documents to your vaccination appointment to prove:
 - Your identity (ID card)
 - That you are the appropriate age for the vaccine being offered (DOB)
- Minors must be accompanied by their Parent/Legal Guardian, provide picture ID and proof of age.
- Individuals showing up for their vaccination appointment at a County site may be turned away due to:
 - Insufficient documentation for minors (such as proof of DOB)
 - Patients state feeling unwell and/or having symptoms associated with COVID-19
 - Patients state they recently tested positive for COVID-19
 - High probability of an anaphylactic reaction; such patients should consult with their primary care physician or allergist to be referred to an appropriate facility such as a hospital or urgent care center that can adequately respond and support in the event of a reaction

ACCOMMODATIONS:

- Call the OC COVID-19 Hotline at **(714) 834-2000** (M-F, 8-5) for help with:
 - Scheduling a vaccination appointment
 - Getting a ride to a vaccination or testing site in Orange County
 - Vaccination for homebound individuals (must meet certain criteria)
- ASL support is available at St. Anthony Claret Catholic Church (1450 E. La Palma Ave. Anaheim, CA, 92805) from 11 a.m. to 7 p.m. on the following dates: **2/4, 2/18, 2/25**

CALOPTIMA GIFT CARDS:

- For questions about CalOptima gift cards, call **(714) 246-8895**

COVID-19 TESTING

WHERE CAN I GET A TEST?

- Local pharmacies
- Healthcare providers
- Order 4 free at-home tests from USPS at [covidtests.gov](https://www.covidtests.gov)
- Find a popup site at covid19.ca.gov/get-tested
- Go to covidclinic.org, call (877) 219-8378, or email: info@covidclinic.org
- Call Latino Health Access at (714) 805-7838

HCA TEST KITS:

- Self-collection, at-home COVID-19 PCR test kits are also available to order online at no cost by visiting ochealthinfo.com/covidtest
 - Due to increased demand for COVID-19 testing, please be patient as test kits may be delayed beyond the usual processing time.
 - Due to operational limitations, kits may be delivered to OC zip codes only. Please use an OC home or work address when ordering a kit.
 - An email address is required for each person requesting a kit.
 - Each kit comes with a prepaid shipping return label and are able to be dropped off at any FedEx drop-off location (click [here](#) to locate a dropbox or call **(800) 463-3339** to schedule a pickup).

DO NOT GO TO THE HOSPITAL IF IT IS NOT AN EMERGENCY:

- If you do not have symptoms, have mild symptoms and are at low risk of severe disease, do not go to the urgent care clinics or emergency rooms to obtain COVID-19 testing. Hospitals are focused on people who are sick and need urgent care.

BOOSTER DOSES & ADDITIONAL DOSES FOR IMMUNOCOMPROMISED

- **CDC has updated guidance on COVID-19 booster shots & additional doses for people who are immunocompromised, including recommendations for people who received J&J vaccine & updated time intervals between doses**
- **For guidance on boosters & additional doses:**
ocovid19.ochealthinfo.com/sites/virus/files/2022-02/CV-19_Third_and_Booster_Dose_Flyer_v15.pdf

COVID-19 TREATMENTS & THERAPEUTICS

- Information from U.S. Department of Health & Human Services:
hhs.gov/coronavirus/covid-19-treatments-therapeutics/index.html

COMPLAINTS & MISINFORMATION RELATED TO COVID-19

- Report a business or facility in Orange County that is not following current state or local COVID-19 mandates:
 - For restaurants, bars, supermarkets, hotels, pools, and body art studios, email Environment Health Services at ehealth@ochca.com
 - For other types of businesses or facilities, call OSHA at **(833) 579-0927**

- Email rumors and misinformation to CDPH at rumors@cdph.ca.gov
 - More info from CDPH: occovid19.ochealthinfo.com/sites/virus/files/2021-05/CDPH_Trust_and_Safety_Team.pdf
- Report fraud related to COVID-19 testing sites by calling the Office of Inspector General at (800) 447-8477 or online at oig.hhs.gov/fraud.

COUNTY HEALTH ORDERS & RECOMMENDATIONS

LINK TO COUNTY HEALTH ORDER:

occovid19.ochealthinfo.com/article/oc-health-officers-orders-recommendations

KEY UPDATES AS OF JANUARY 14, 2022:

- Option to test and shorten isolation, or test after exposure if tests are available
 - Negative antigen test when available is acceptable and preferred to shortened Isolation/quarantine when collected after day 5
- Healthcare workers at general acute care hospitals, acute care psych hospitals, and skilled nursing facilities who have tested positive and remain asymptomatic are NOT required to isolate from time of health order through February 1, 2022
- New option for K-12 private/public schools to follow a group tracing approach
 - Schools can offer notification to whole groups of exposed students rather than individual students- and allow students who remain asymptomatic to continue to attend school, recommendation of testing, and requirement to wear a well fitted mask.
 - If those exposed students are unable to wear a mask, they must quarantine at home until negative test on day 3 to 5 after most recent COVID exposure
 - If wide-scale or repeated exposures, broader once weekly testing may be chosen in lieu of group notification until time of exposure events become less frequent
- Inclusion of definition of up-to-date COVID-19 vaccination
- Universal Indoor masking extended to February 15, 2022
 - More description that mask wearers consistently and correctly wear a mask that offers good filtration for best protection
- Updated link for visitor requirements for acute health care and long term care settings
- Updated links to resources and updated CDPH guidance

ISOLATION & QUARANTINE

WHEN DO I SELF-ISOLATE?

- When you have tested positive or have symptoms of COVID-19

WHEN DO I SELF-QUARANTINE?

- When you have been in close contact with someone who has COVID-19, even if you don't feel sick or have been vaccinated

ISOLATION & QUARANTINE GUIDANCE FROM CDC:

- cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html

MASKS

FREE N95 MASKS:

- Federal Government is offering free N95 masks at pharmacies and community health centers nationwide

- Available for adults only at this time, up to 3 masks per adult
- Pharmacies that participate in the Federal Retail Pharmacy Program to deliver COVID-19 vaccines are expected to participate in the new mask distribution program
- Contact your local store to confirm that masks are available
- **CDC list of pharmacy and supermarket pharmacy chains:** [cdc.gov/vaccines/covid-19/retail-pharmacy-program/participating-pharmacies.html](https://www.cdc.gov/vaccines/covid-19/retail-pharmacy-program/participating-pharmacies.html)

UNIVERSAL MASK MANDATE:

- Effective February 16, universal masking will only be required in certain settings
- Unvaccinated persons will be required to continue masking in all indoor public settings
- Fully vaccinated individuals are recommended to continue indoor masking
- [cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx)

CDC MASK RECOMMENDATIONS:



CDC – TYPES OF MASKS AND RESPIRATORS:

- [cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html)

VACCINE INFORMATION RESOURCES

VACCINE EDUCATION VIDEOS:

- Vaccine education videos are available on [uchealthinfo.com/covid](https://www.uchealthinfo.com/covid) for people who are interested in learning more about the vaccine

IF I GOT VACCINATED OUTSIDE THE U.S., AM I CONSIDERED “FULLY VACCINATED”?

- [cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html#people-vaccinated-outside-us](https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html#people-vaccinated-outside-us)

VACCINES FOR CHILDREN AGES 5-11:

- Visit [COVIDVaccineFacts.com](https://www.COVIDVaccineFacts.com) and click on “COVID-19 Vaccines Ages 5-11” for more information

WAYS TO PROVE THAT YOU ARE VACCINATED:

- Show your CDC vaccination card

- Visit myvaccinerecord.cdph.ca.gov to get your digital vaccine record from the State
- If you were vaccinated at a County site, log into your account at Othena.com